### **DISCUSSION BOARD FORMAT:**

Instructions:

Each week assigned, you will prepare ONE 3-2-1-Q paper following the format provided. The one 3-2-1-Q paper covers everything you've read and viewed that week together as one body of information.

You are to prepare one 3-2-1-Q paper per week, NOT one per chapter. Remember to cite the textbook and the weekly videos on each 3-2-1-Q paper.

## **3-2-1 FORMAT:**

3 things you learned in the chapters. (This should show that you really read the material and thought critically about it. Tell what you actually learned about a topic not just the "name" of it.)

2 things you still wonder about from the text or other readings. (This should show thought not just sentences chosen from the chapter in bold print.)

1 thing from the chapters/readings you plan to implement in your classroom or career. (Tell how you will use it and how it will impact your classroom/career)

Q ask a question at the end of the post that your classmates can answer in their response to your question

- \* Remember to include your references (textbook, video, etc.)
- \* When you respond to a classmate (3 responses per forum are required), retype his/her "wonder" and then post your quality response to that wonder. Try to include some ideas on how that person can address their wonder. Remember that your post and your responses should each contain meaningful content and should each be at least a full paragraph long.
- \* Remember to call him/her by name when responding to each classmate.

For DB Questions, PLEASE give THOUGHTFUL responses and remember to address the WHY? Part of question.

There is an example of this format under Assignments Link

\*\* Finally, remember for all DB writings/responses, pay close attention to spelling and grammar. Points will be taken off for poor writing skills. The DB is a significant part of your grade so please keep this in mind.

# Example of discussion board 3-2-1-Q model

#### 3 things I learned-

- 1. I learned that in children ages 2-19, that 11% are obese, 16% are overweight, and 38% are at risk of becoming overweight or developing obesity. These numbers are shocking. With such a staggering number of Americans receiving assistance from food stamp programs for their children, I think that the government should mandate what foods these people are allowed to purchase with that money. For example, they should not be allowed to purchase sodas and junk food for their kids. Also, I would attribute a lot of this problem to the breakfasts and lunches that are being served in our schools. I know that they are "supposed" to be nutritious, but in my city they are not. School meals are usually packed with carbs and processed meats crammed with sodium.
- 2. I was shocked to read that corporal punishment is legal in every state in the country. With so much evidence supporting the fact that corporal punishment creates aggressive behavior in children, I am surprised that some of the more liberal states have not banned this form of punishment, especially in their schools.
- 3. It was interesting to learn that physicians are now using brain scans to observe pathways in the brain to identify and examine learning disabilities. For so many years, people have just been speculating about children's learning disabilities. I am glad to know that one day, they may be able to diagnose learning disabilities scientifically rather than labeling children based on someone's opinion.

#### 2 things I wonder-

- 1. Since the government knows that 1/3 of children's daily food intake is from restaurants, mainly fast-food, and 45% of the kids' meals at fast-food restaurants exceed the recommended daily values for children, I wonder why the government does not mandate the nutritional value of the kids' meals sold at fast-food restaurants.
- 2. I wonder why gifted programs are one of the first programs removed when schools cut their budgets. Why can't they see that enriching the gifted children will increase the success of future generations possibly more than remediating to low-achieving students? Gifted children have higher percentage of college students than those in special education. We can't punish the gifted children for being gifted. In my opinion, both gifted and special education programs are equally important.

#### 1 thing to implement in the classroom-

1. Incorporate more exercise within lessons. Whenever possible, make the students get out of their seats. For example, instead of simply chorally skip-counting, have the students skip count as they perform jumping jacks or jump rope.

Q: Ask a question for your fellow classmates to respond to in their response to you. Answer this week's question here.

Santrock, J. W. (2011). Life-span development (13th ed.). New York, NY: McGraw-Hill.